



**ZENOVA™**

**Your Inner  
Balance.**

*Beautifully  
Restored.*

The next chapter in  
botanical innovation.

Validated by  
Cephram Science.



**CEPHAM**

Created  
by Nature

Standardized  
by Cephram





## Backed by Science

Clinical research demonstrates that **Cephram's Zenova** formulation highlights the unique synergy of plant-based science and modern clinical validation for ovarian health.\*



### Natural Extraction

- **Zenova™** is extracted from fenugreek seeds, preserving its bioactive compounds\*
- The natural process ensures maximum efficacy and safety\*

### Hormonal Balance

- **Zenova™** works to bring equilibrium to feminine hormones\*
- Helps support menstrual cycle regularity\*
- Clinically proven to reduce LH/FSH ratio\*
- Helps reduce androgens\*

### Holistic Harmony

- Helps improve insulin sensitivity\*
- Helps control blood glucose\*
- Supports cognitive & stress resilience\*

### Ovarian Health

- Helps control the cycle\*
- Overall metabolic wellness\*
- Supports healthy inflammatory response throughout the cycle\*



Derived from fenugreek (*Trigonella foenum-graecum*)

Standardized to 45% furostanolic saponins

## Women-Specific Core Benefits

By easing internal stressors and enhancing resilience, **Zenova™** supports natural rejuvenation and balance through Ayurvedic wisdom.

- ✓ **Menstrual Cycle Regularity\***
- ✓ **Hormonal Harmony\*** (Estrogen, Androgens, LH to FSH)
- ✓ **Reduced Inflammation and Oxidative Stress\***
- ✓ **Metabolic Wellness\*** (Glucose, Lipids)
- ✓ **Mood, Energy, and Neuroendocrine Resilience\***



**CEPHAM**

- PROUD SPONSOR OF -



A Thousand Plus

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.